

December 11th - 17th

The Sunday of the Holy Forefathers Stichera on Lord I have cried

Byzantine Tone 8 (Plagal of 4th Mode-C)
Special Melody: *The Paradise of Eden*

Adapted by Rassem El Massih



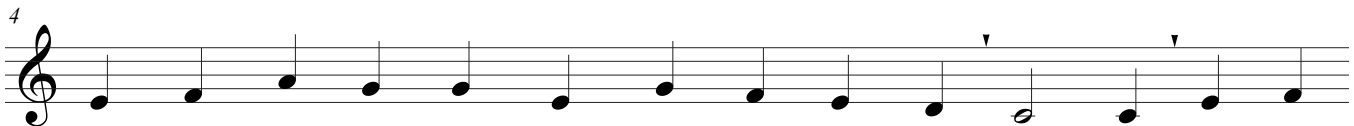
1) As we the faith - ful cel - e - brate to - day the Fore - fa - thers
2) *O Mas - ter, Who didst res - cue from the fire the Chil - dren in*
3) As in a gen - tle show - er 'midst the flame, the Chil - dren of
4) *When in the fur - nace of the blaz - ing flame, Thy ho - ly and*



mem - o - ry, let us praise Christ the Re - deem - er and our King,
Bab - y - lon and wise Dan - iel from the li - ons' gap - ing mouths;
God re - joiced as they walked a - bout a - midst the Spir - it's dew;
faith - ful Youths proved to be as in a cool, re - fresh - ing dew;



Who mag - ni - fied them in the midst of all na - tions up - on the earth
Thou Who didst bless great A - bra - ham, ho - ly I - saac, Thy ser - vant, and
and in the flame they mys - ti - c'ly did pre - fig - ure the Trin - i - ty
then did they mys - ti - c'ly por - tray from be - fore that Thou wast to come



and through faith ac - com - plished strange and won - drous signs, per - form - ing
his son Ja - cob, the be - lov - ed Is - ra - el; Thou Who wast
and the won - drous In - car - na - tion of Christ God; since they were
from a Vir - gin whom Thy bright - ness would not burn. As for Thy




mar - vels and mir - a - cles, since He is pow - er -
pleased to be - come like us from their de - scen - dants
wise, by their faith in God they quenched the pow - er
com - ing the sec - ond time in Thy dread glo - ry




- ful and strong, and Who from them hath shown un - to us
and their seed, to save our first par - ents, who of old
of the fire; and right - eous Dan - iel was al - so seen
as our God, the won - drous Proph - et and right - eous man,

7



that rod of pow - er proph - e - sied: Mar - y, the Child of God,
had slipped and fal - len in - to death: Thou, Lord, wast cru - ci - fied,
 to muz - zle li - ons in the den. Since Thou, O Friend of man,
 great Dan - iel, clear - ly hath fore - told, when he cried out and said:

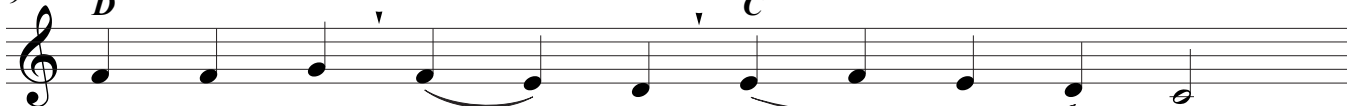
8



who a - lone had no ex - pe - ri - ence of man
and wast bur - ied, and didst burst the bonds of death,
 art en - treat - ed by their prayers in our be - half,
 I be - held un - til the thrones were set in place

9


D **C**



and from whom came the Flow - er,
with Thy - self res - ur - rect - ing
 res - cue us all, O Sav - ior,
 and the Judge sat for judg - ment;

10

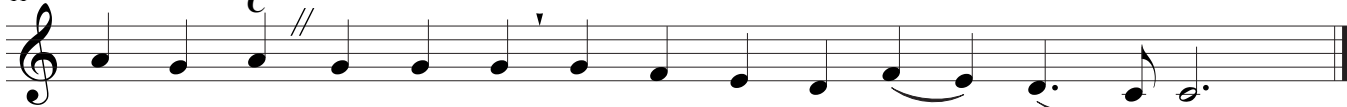
G



the prom - ised Christ, Who sprout - ed life for all, in - ex -haust - i -
all that since time be - gan lay 'midst the dead, who then wor - shipped
 from thē e - ter - nal fire that nought can quench, and vouch - safe that
 and then rushed forth the riv - er of that fire, from the which may

11

C //



-ble de - light, and our sal - va - tion to e - ter - ni - ty.
Thee, O Christ, and Thine e - ter - nal King - dom o - ver all.
 we at - tain un - to Thy King - dom in the Heav - ens, O Lord.
 we be saved, by their en - treat - ies, O our Mas - ter Christ.