

February 8th

## Great Martyr Theodore the General Stichera at the Praises

Byzantine Mode 4  
Special Melody: *As one valiant*

Adapted by Dn. John El Massih



- 1) An in - vin - ci - ble man of war and an ath - lete of
- 2) *Thou wast lift - ed up - on a cross; thou wast beat - en up -*
- 3) Thou be - cam - est a ver - i - ly god - ly im - age of



no - ble mind in the Ho - ly Spir - it wast  
- on thy flesh thou with sharp - ened ar - rows wast  
pi - e - ty, hat - ing all thē im - ag - es

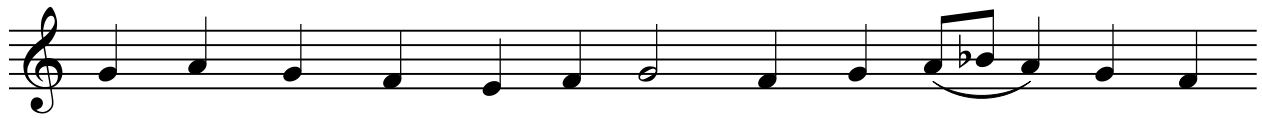


thou re - vealed to be, when with thy wis - dom of  
wound - ed through and through; and thou wast stretched out up -  
of thē im - pi - ous, and pure - ly brought - est thy -

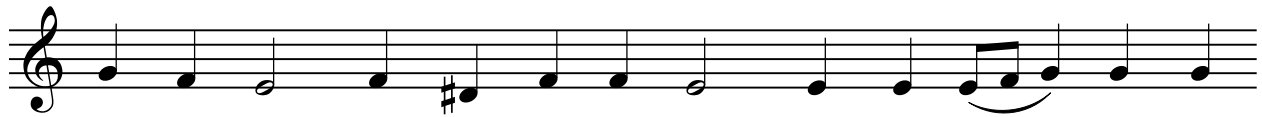


speech and show of man - li - ness in thy deeds  
- on a post and scraped sore - ly on thy sides;  
- self as an ac - cept - a - ble of - fer - ing

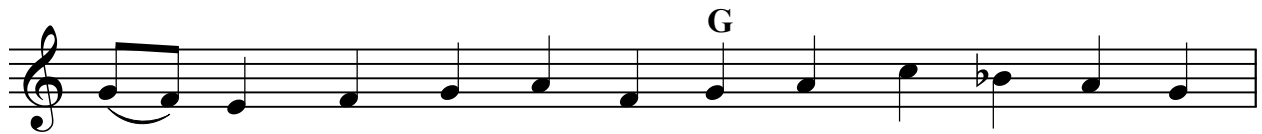
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thou didst hurl thē en - e - my down in ru - in and  
 yet while com - passed round a - bout with all man - ner of  
 and a whole - burnt sac - ri - fice to Him sac - ri - ficed



full de - feat. Hence, thou hast re - ceived crowns of tri - umph and  
 griev - ous pain, thou wast seen to be free of harm — and un -  
 for thy sake, Who hath glo - ri - fied this, thy most — ho - ly



thou hast been ū - nit - ed to the com - pa - nies of  
 - con - quered through the pow - er of Him nailed to the di -  
 feast and giv - en thee as a great treas - ur - y of



Heav - en, O boast of Mar - tyrs, wise The - o - dore.  
 - vine — Cross, O boast of Mar - tyrs, wise The - o - dore.  
 won - ders un - to the world, — O blest The - o - dore.